AUDITORY DIRECTION FOLLOWING: ONE-STEP

DIRECTIONS: Read the following to the patient, and instruct them to follow the directions. Demonstrate for them if they are unable to understand.

- 1. Make a fist.
- 2. Raise your hand.
- 3. Close your eyes.
- 4. Point to the wall.
- 5. Point to the ceiling.
- 6. Point to the floor.
- 7. Point to the door.
- 8. Pat your head.
- 9. Tap your toes.
- 10. Touch your chin.
- 11. Wave good-bye.
- 12. Touch your ear.
- 13. Pucker your lips.
- 14. Touch your knee.
- 15. Point to me.
- 16. Shake your head "no."
- 17. Show me your thumb.
- 18. Stick out your tongue.
- 19. Touch your nose.
- 20. Smile.